



What is Advocacy?

"Advocacy is taking action to help people say what they want, secure their rights, represent their interests and obtain the services they need. Advocacy and advocacy schemes work in partnership with the people they support and take their side. Advocacy promotes social inclusion, equality and social justice."

(The Advocacy Charter, 2002)

The type of advocacy that is available falls within the following three categories:

- **Formal advocacy** : Paid advocates that communicate effectively with individuals and represent their views on a short or medium term basis.
- **Self-advocacy** : People either individually or in a group establishing control over their lives by being supported to speak up for themselves.
- **Citizen advocacy** : Trained volunteers supported to develop long term relationships with people, promoting social inclusion and to provide support to enable people to speak up for themselves.

Our service providers include the following :

- **BATIAS**
(01375 389869)
- **Independent Living Advocacy**
(01245 380888)
(Text Phone 01245 382093)
- **Independent Advocacy Service**
(01255 429778)
- **Age UK Essex**
(01245 346106)
- **Essex Carers Support**
(01255 474410)
- **Action for Family Carers**
(01621 851640)
- **RAD**
(0845 688 2525)
(Text Phone 0845 688 2527)

www.advocacyessex.co.uk

Advocacy (Essex) Services Limited

Unit 8, Whiteland Business Centre,
Terling Road, Hatfield Peverel,
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Telephone : 01245 382838

Company Number : 6718309
VAT Number : 988303581



Independent Advocacy

FREQUENTLY ASKED QUESTIONS

Q What is Advocacy (Essex) Services?

A Advocacy (Essex) Services is the management agent providing advocacy services to disabled & older residents in Essex and their Carers.

Q Who can access Advocacy services?

A Services are free and can be accessed by adults in the county of Essex who have a learning, physical or sensory disability, are older people (65+) or are Carers.

Q Who can make a referral?

A Anyone can make a referral. If you need any help or advice before doing so then the team at Advocacy Essex Services Limited can be contacted on 01245 382 838 and will be happy to help.

Q How can I make a referral?

A By phone: 01245 382 838

By using the automated referral system available at : www.advocacyessex.co.uk

Our History

Advocacy (Essex) Services Limited was set-up in 2008 and is the Managing Agent commissioned by Essex County Council to supply advocacy across the County of Essex, excluding Southend and Thurrock.

We contract with local service providers to supply free advocacy to adults in the county who have a learning disability, a physical or sensory impairment or are older people. We can also supply specialist advocacy to their Carers.



Contact details :

If you would like to talk to someone about accessing Advocacy services then you can call the office on

01245 382 838

